



# Connecting for Kids

## April 2019 Programs

All programs are free and open to the public; however, registration is required. Register online at [connectingforkids.org/register](http://connectingforkids.org/register), email [info@connectingforkids.org](mailto:info@connectingforkids.org) or call 440-570-5908



### You're not alone

Connecting for Kids (CFK) provides education and support to families with concerns about their child. We serve all families, including those children with and without formal diagnoses.

Learn more at [connectingforkids.org](http://connectingforkids.org)

### Program locations

- M** Middleburg Heights Branch of Cuyahoga County Public Library, 16699 Bagley Rd.
- W** Westlake Porter Public Library, 27333 Center Ridge Rd.

### Designed for your family

- Y** Families with young children (0-6 years)
- E** Families with elementary-aged children (7-12 years)
- A** All families with children (0-12 years)

### Special thanks to

Middleburg Heights programs are presented in partnership with Cuyahoga County Public Library.

Westlake programs are presented in partnership with Westlake Porter Public Library.

### Speaker Series

Join us for presentations on various childhood topics by local, pediatric professionals. Free, supervised children's activities are available, but adults and children must register separately. [connectingforkids.org/speakerseries](http://connectingforkids.org/speakerseries)

#### Strategies for Managing Hyperactivity/Impulsivity in Children with ADHD **A W**

Join Dr. Kimberly Burkhart of Rainbow Babies and Children's Hospital to learn five behavior management strategies you can use to modify your child's behaviors at home. She will also teach you strategies that your child can use to manage his or her own behaviors. In addition, Dr. Burkhart will identify five classroom strategies that you can request to help minimize the impact of ADHD on academic performance. Co-sponsored by National Alliance on Mental Illness Greater Cleveland (NAMI GC).

Tuesday, April 2, 6:30 pm

### Coffee and Chat

Join our interactive support group and meet other families facing similar struggles. Free, supervised children's activities are available, but adults and children must register separately. [connectingforkids.org/support](http://connectingforkids.org/support)

#### Special Needs and Different Cultures **A M**

Are you a parent or caregiver who was raised in a different culture? Come join Dr. Alaka Chandurkar, a local pediatrician, and other families as we discuss the challenges and opportunities of navigating the special needs world while managing cultural differences. Come meet others from different cultures, share your experiences and connect with those in similar situations.

Tuesday, April 30, 6:30 pm



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### Elementary Experiences<sup>SM</sup>

These hands-on training programs are designed for families and their children (ages 7-12 years) who are struggling. Families will learn targeted skills together and receive a handout with ideas and resources to use at home. Adults are expected to participate in the program with their children. Siblings (ages 7-12 years) may also attend but must register separately. [connectingforkids.org/elementary](http://connectingforkids.org/elementary)

#### **Social Series: Assessing and Reacting to Problems** **E E**

Problems come in all different shapes and sizes and can range from a small "glitch" to a huge catastrophe! As social thinkers, it is not only important to rate our problems but also to match our reaction to them in a socially appropriate way. Ellen Spear, MA, CCC-SLP, of Lakeshore Speech Therapy, LLC., will help families determine how big or little a problem is and know what strategies will work to help deal with that problem.

**Saturday, April 6, Sessions begin at 1:00 pm and 2:30 pm**

#### **Music** **E S**

Are you concerned about your child's anxiety, anger or sensory needs? Come and learn how to incorporate music to aid in self-regulation. Adults and children will participate together in this group music therapy session where musical experiences may include song writing, instrument playing, lyric analysis, listening practices and singing.

**Saturday, April 13, Session begins at 1:00 pm**

#### **Animated Favorites Sing-Along for Children with Moderate-Severe Disabilities** **E S**

Sing along to popular movie tunes featuring your child's favorite animated princesses, heroes and more! In addition to singing, children will play, move and experience all aspects of general music making to enhance cognition, motor, social, emotional, behavioral and communication needs. Adults and children will participate together in this group music therapy session which will include alternative communication devices as needed. Adaptations will be made for all needs for everyone's participation and enjoyment!

**Saturday, April 13, Session begins at 2:30 pm**

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#### Program locations

- E** West River Branch of Elyria Public Library System, 1194 West River Rd., N.
- S** Solon Branch of Cuyahoga County Public Library, 34125 Portz Pkwy.

#### Designed for your family

- Y** Families with young children (0-6 years)
- E** Families with elementary-aged children (7-12 years)
- A** All families with children (0-12 years)

#### Special thanks to

Elyria programs are supported by a grant from The Nordson Corporation Foundation.

Solon programs are presented in partnership with Cuyahoga County Public Library.